

Dr. Dimitrios Papadopoulos, PhD

Assistant Professor of Developmental Psychology

Department of Early Childhood Education and Care | University of Ioannina, Greece

d.papadopoulos@uoi.gr

Academic Education

- April 2021 –**
(In progress) **Postdoctoral Researcher in Developmental Psychopathology**
Department of Social Work, University of West Attica
Supervisor: Professor, Dr. Katerina Maniadaki
- 2016** **Doctoral Degree (Ph.D.) in Developmental Psychology**
South-West University “Neofit Rilski” | Department of Psychology
Dissertation: “Perceptual and Conscious Abilities of Gifted Children Aged 5-6 Years Old”
(Hellenic National Recognition and Information Center -N.A.R.I.C.-
Act of Recognition: 25 1-3799)
- 2006** **Master’s Degree (M.Sc.) in Social Psychiatry – Child Psychiatry**
School of Health Science, Medical School | University of Ioannina
Thesis: “Effectiveness of a Group-Based Social Skills Intervention for Individuals with Intellectual Disability and Mental Health Disorders in a Residential Care Facility”
- 2002** **Bachelor’s Degree in Psychology (B.Sc.)**
School of Social Sciences, Department of Psychology | University of Crete

Academic Positions

- December 2022 - present** **Assistant Professor of Developmental Psychology in Early Childhood [OGG: Γ’ 3164/21.12.2022]**
School of Social Sciences, Department of Early Childhood Education and Care | University of Ioannina
- September 2022 –**
October 2021 **Adjunct Assistant Professor of Developmental Psychology**
School of Social Sciences, Department of Psychology |
University of Ioannina

January 2021 – September 2021	Adjunct Assistant Professor of Developmental Psychology School of Health Sciences, Department of Speech Therapy University of Peloponnese
March 2019 – June 2019	Adjunct Assistant Professor of Developmental Psychology School of Health & Welfare Professions, Department of Speech Therapy Technological Educational Institute of Peloponnese
February 2018 – September 2021	Adjunct Assistant Professor of Developmental Psychology School of Social Sciences, Department of Psychology University of Crete
October 2018 – January 2019	Lecturer/Teaching Assistant of Developmental Psychology School of Health & Welfare Professions, Department of Speech Therapy Technological Educational Institute of Peloponnese

Publications in Peer-Reviewed Scientific Journals

Citations in Google Scholar: 257; h-index: 8; i-10 index: 8

(<https://scholar.google.com/citations?user=RSEbnH8AAAAA&hl=el&oi=sra>)

- Papadopoulos, D. (2023).** Impact of Child and Family Factors on Caregivers' Mental Health and Psychological Distress during the Covid-19 in Greece. [Manuscript submitted for publication].

Papadopoulos, D. (2021). Parenting the Exceptional Social-Emotional Needs of Gifted and Talented Children: What Do We Know? [Special Issue, Child Psychology: Typical and Atypical Development] *Children*, 8(11): 953. doi: 10.3390/children8110953 [Journal Impact Factor: 2.863, Clarivate Analytics Q2] <https://www.mdpi.com/2227-9067/8/11/953>
- Papadopoulos, D. (2021).** Examining the Relationships Among Cognitive Ability, Domain-Specific Self-Concept, and Behavioral Self-Esteem of Gifted Children Aged 5-6 Years: A Cross-Sectional Study. *Behavioral Sciences*, 11(7): 93. doi:10.3390/bs11070093 [Scopus Cite Score: 3.4, JCR Category Q2]
- Papadopoulos, D. (2021).** Mothers' Experiences and Challenges Raising a Child with Autism Spectrum Disorder: A Qualitative Study. *Brain Sciences*, 11, 309. doi: 10.3390/brainsci11030309 [Journal Impact Factor: 3.332, JCR Category Q2]

4. **Papadopoulos, D.** (2020). Effects of a social-emotional learning-based program on self-esteem and self-perception of gifted kindergarten students: a pilot study. *Journal for the Education of Gifted Young Scientists*, 8(3), 1275-1290. doi: 10.17478/jegys.779438 [Scopus Cite Score: 1.50, *Journal Impact Factor*: 1.171; JCR Category Q3]
5. **Papadopoulos, D.** (2020). A Case Study of Parent-Child Interaction Therapy (PCIT) for a Young Child with Autism Spectrum Disorder: Behavioral and Developmental Considerations. *Psychology*, 11(6), 888-907. doi:10.4236/psych.2020.116058 [Journal Impact Factor: 1.37]
6. **Papadopoulos, D.** (2020). Psychological Framework for Gifted Children's Cognitive and Socio-Emotional Development: A Review of the Research Literature and Implications. *Journal for the Education of Gifted Young Scientists*, 8(1), 305-323. doi:10.17478/jegys.666308 [Scopus Cite Score: 1.50, *Journal Impact Factor*: 1.171; JCR Category Q3]
7. **Papadopoulos, D.** (2020). Sociodemographic Factors' Association with Community-Dwelling Older Adults' Psychosocial Wellbeing: The Greek Context. *Psychology*, 11(2), 340-363. doi:10.4236/psych.2020.112022 [Journal Impact Factor: 1.37]
8. **Papadopoulos, D.** (2020) The Role of Well-Being, Spirituality, and Religiosity for Successful Aging in Late Life: A Brief Review. *Advances in Aging Research*, 9(2), 23-31. doi:10.4236/aar.2020.92003 [Journal Impact Factor: 1.38]
9. **Papadopoulos, D.** (2018). A General Overview of the Pragmatic Language- Social Skills and Interventions for Children with Autism Spectrum Disorders. *Autism Open Access* 8: 225. doi:10.4172/2165-7890.1000225 [Journal Impact Factor: 1.94]
10. **Papadopoulos, D.** (2016). Psycho-Pedagogical and Educational Aspects of Gifted Students, Starting from the Preschool Age; How Can Their Needs Be Best Met? *Journal of Psychological Abnormalities*, 5: 153. doi:10.4172/2471-9900.1000153

11. **Papadopoulos, D.** (2010). The Role of the Therapist and of Teamwork in Education and Rehabilitation of Persons with Disability and Special Needs. *Special Education Issues*, 47, 74-86
12. **Papadopoulos, D. & Stylianidis, S.** (2008). An Individual Behavioral Approach in Psychosocial Rehabilitation. *Psychiatry*, 19(2), 165-176.
13. **Papadopoulos, D.** (2008). The Socialization Activities of Mental Health Patients in Psychosocial Rehabilitation: A Prevention, Training & Management Model for Challenging Behavior. *Psychiatry Journals*, 101, 23-30.
14. **Papadopoulos, D., Pantelidou, S., & Stylianidis S.** (2007). Evaluation of a Group-based Intervention in the Education for Social Skills for Patients with Chronic Mental Health Disorders in a Psychosocial Residential Care Facility. *Psychiatry Journals*, 97, 39- 44

Oral Presentations in International Scientific Conferences

1. **Papadopoulos, D.** (2019, August). Investigating the self-concept, self-esteem and mental well-being of intellectually gifted adolescents compared to typically developing peers. *19th European Conference on Developmental Psychology (EADP)*. Athens, Greece (Book of Abstracts, p. 254).
2. **Papadopoulos, D.** (2019, July). The effectiveness of Parent-Child Interaction Therapy for children with Autism Spectrum Disorder: A Case Report. *41st Annual Conference of the International School Psychology Association (ISPA)*. Basel, Switzerland.
3. **Papadopoulos, D.** (2019, July). Relationship between parenting style and adolescents' resilience. *41st Annual Conference of the International School Psychology Association (ISPA)*. Basel, Switzerland.
4. **Papadopoulos, D.** (2018, July). Examining the relationship between risk and resilience factors among University and College students in Greece. *40th Annual Conference of the International*

- School Psychology Association (ISPA)*. University of Tokyo, Japan (Book of Abstracts, p. 151).
5. **Papadopoulos, D.** (2017, July). Promoting gifted Greek children's psychological traits: An empowerment program to develop and evaluate self-esteem, self-perception, and social-interpersonal skills. *39th Annual Conference of the International School Psychology Association (ISPA)*. Manchester, U.K. (Book of Abstracts, p. 23).
 6. **Papadopoulos, D., & Mutafova, M.** (2016, July). A School-based psychological intervention for gifted preschoolers. *38th Annual Conference of the International School Psychology Association (ISPA)*. Amsterdam, The Netherlands (Book of Abstracts, pp. 60-61).
 7. **Papadopoulos, D., & Mutafova, M.** (2016, September). Enhancing psychological resilience and social emotional well-being of gifted preschoolers *26th European Conference of Early Childhood Association (EECERA)*. Dublin, Ireland (Book of Abstracts, p.275).
 8. **Papadopoulos, D.** (2016, June). Cognitive-behavior coaching in a gifted child: Case study approach to promote psychological well-being, happiness, and social-emotional development. *2nd International Conference on Cognitive-behavioral Coaching*. Athens, Greece (Book of Abstracts, pp. 42-43).
 9. Pantelidou, S, Papadaki, K, **Papadopoulos, D.**, Tsoulfa, I., Theocharakis, N., Mermigkas, S., Chondros, P., Koskinas, V., & Stylianidis, S. (2006, October). Perceived quality of life in psychiatric patients living in community residential homes. Paper presented at the *IX World Congress of the World Association for Psychosocial Rehabilitation*. Athens, Greece (Book of Abstracts, p. 133).
 10. Pantelidou, S, Papadaki, K, **Papadopoulos, D.**, Tsoulfa, I., Mermigkas, S., Koskinas, V., & Stylianidis, S. (2006, October). Evaluation of level of functioning and psychopathology discharged

from psychiatric hospitals. *IX World Congress of the World Association for Psychosocial Rehabilitation*. Athens, Greece (Book of Abstracts, p. 134).

Oral Presentations in Hellenic Scientific Conferences

11. Hatzakis, M., & **Papadopoulos, D.** (2019, May). Examining on the levels of subjective psychological wellbeing and mental disposition in teenage students from the prefecture of Attica. *17th Panhellenic Conference of Psychological Research*. Alexandroupoli, Greece (Book of Abstracts, p. 410-11).
12. **Papadopoulos, D.**, & Vlaga, R. (2019, May). The influence of socio-demographic factors in parenting styles. *17th o Panhellenic Conference of Psychological Research*. Alexandroupoli, Greece (Book of Abstracts, p. 410-11).
13. **Papadopoulos, D.**, & Siska, L. (2019, May). Psychological resilience of parents with children with autism spectrum disorder. *17th Panhellenic Conference of Psychological Research*. Alexandroupoli, Greece (Book of Abstracts, p. 410-11).
14. **Papadopoulos, D.** (2018, May). The notion of the self in giftedness: Self-perception and conscious abilities in gifted students. *6th Panhellenic Conference on Developmental Psychology*, Thessaloniki, Greece (Book of Abstracts, p.133-134).
15. Hatzakis, M., & **Papadopoulos, D.** (2018, May). Motivation for learning and academic self-effectiveness in adolescent students displaying high learning abilities. *6th Panhellenic Conference on Developmental Psychology*, Thessaloniki, Greece (Book of Abstracts, p. 134).
16. Vlaga, R., Lambrogiorgou, P., Chrysovalanto, R., & **Papadopoulos, D.**, (2018, May). Cognitive learning style, personality, and motivation in gifted and talented students. *6th Panhellenic Conference on Developmental Psychology*. Thessaloniki, Greece (Book of Abstracts, p. 134).
17. Siska, L., & **Papadopoulos, D.** (2018, May). Mental resilience, hope and life satisfaction in adolescent students displaying high

- learning abilities. *6th Panhellenic Conference on Developmental Psychology*, Thessaloniki, Greece (Book of Abstracts, p. 135).
18. **Papadopoulos, D.**, Stamou, E., Anagnostopoulou, O., Apostolikas, A., & Giotakos, O. (2018, May). Cognitive capacity, emotional state, and life satisfaction of persons in late adulthood. *6th Panhellenic Conference on Developmental Psychology*. Thessaloniki, Greece.
19. **Papadopoulos, D.** (2017, October). Implementation and evaluation of the psycho-educational program «Think, Feel, Learn» addressed to preschool pupils. *2nd Panhellenic Conference on School Psychology*. Volos, Greece (Book of Abstracts, p. 17).
20. Hatzakis, M., & **Papadopoulos, D.** (2017, October). Achieving goals and school adjustment in typical developing students. *2nd Panhellenic Conference on School Psychology*. Volos, Greece (Book of Abstracts, p.18).
21. Siska L., & **Papadopoulos, D.** (2017, October). Case study of a teenager with autism spectrum disorder, aiming to manage the behavior and reinforce communication and interaction within the context of special education. *2nd Panhellenic Conference on School Psychology*. Volos, Greece (Book of Abstracts, p. 19).
22. **Papadopoulos, D.** (2016, October). Examining pragmatic language and social skills, for gifted preschoolers. *5th Panhellenic Conference on Developmental Psychology*. Volos, Greece (Book of Abstracts, p. 93)
23. **Papadopoulos, D.**, & Mutafova, M. (2016, June). Gifted children in pre-school education: Definition, identification, and psycho-pedagogical intervention. *New Educator Conference*. Athens, Greece (Book of Abstracts, p. 13).
24. **Papadopoulos, D.**, & Mutafova, M. (2016, March). Parenting styles in nurturing gifted children. *5th Panhellenic Conference on Clinical Psychology/Health Psychology*. Athens, Greece (Book of Abstracts, p. 25).

25. **Papadopoulos D.,** & Mutafova, M. (2015, November). Identification of gifted children in kindergarten: Evaluation and support issues. *9th Panhellenic Conference on Child Psychiatry*. Athens, Greece (Book of Abstracts p. 47).
26. **Papadopoulos, D.,** Diakolambrianou, I., & Boniati, M. (2015, November). Design, implementation, and evaluation of a group psycho-educational intervention for kindergarten pupils with Asperger's disorder. *9th Panhellenic Conference on Child Psychiatry*. Athens, Greece (Book of Abstracts p.49).
27. **Papadopoulos, D.,** Chioti, I., Stamou, E., Apostolikas, A., & Giotakos, O. (2015, November). Design and implementation of a psycho-educational intervention for safe internet surfing, addressed to elementary school pupils from the prefecture of Karditsa. *9th Panhellenic Conference on Child Psychiatry*. Athens, Greece (Book of Abstracts p. 47).
28. Mutafova, M., & **Papadopoulos, D.** (2015, November). Developmental and cognitive features of pre-school gifted children. *1st Panhellenic Conference on School Psychology*. Athens, Greece (Book of Abstracts, p. 67).
29. Chioti, I., Stamou, E., **Papadopoulos, D.,** Apostolikas, A., & Giotakos, O. (2015) The implementation of the 'ARIADNE' program for safe internet by the Karditsa Mobile Mental Health Unit. *4th Panhellenic Scientific Conference on Psychic Health, Technology and Telematic Applications*, Athens, Greece
30. **Papadopoulos, D.,** Moschopoulou, E., & Marselou, R. (2014, May). Behavioral and speech therapy intervention for a kindergarten student diagnosed with selective mutism. *4th Panhellenic Conference on Developmental Psychology*. Rethymnon, Greece.
31. **Papadopoulos, D. &** Patriarchea, M. (2014). Training parents for teenagers' developmental needs: The role of Parenting Schools by the Institute of Youth and Lifelong Learning Foundation as a liaison

between school and family. *4th Panhellenic Conference on Developmental Psychology*. Rethymnon, Greece.

32. **Papadopoulos, D.** (2007, October). Clinical and psychological interventions for patients with chronic mental health disorders. \ *3rd Panhellenic Conference on Clinical Psychology/ Health Psychology*. Thessaloniki, Greece (Book of Abstracts, p. 119).
33. **Papadopoulos, D., Stylianidis, S., & Koskinas, V.** (2007, October). Evaluating cognitive functions in psychiatric patients, in a community residential care home. *3rd Panhellenic Conference on Clinical Psychology/Health Psychology*. Thessaloniki, Greece (Book of Abstracts, p. 189).
34. **Papadopoulos, D., Koletis, K., & Papadia, M.** (2007, May). Group-based drama-therapy intervention in a psychosocial rehabilitation program. *1st Panhellenic Conference on Dramatherapy and Playtherapy*. Athens, Greece (Book of Abstracts, p. 41).
35. **Papadopoulos, D., Lazinos, C., & Papadia, M.** (2007, May). Play as a therapeutic mean for psychomotor activities for mental health patients. *1st Panhellenic Conference on Dramatherapy and Playtherapy*. Athens, Greece (Book of Abstracts, p. 95).

Organized Symposia (Chair)

1. **Papadopoulos, D.** (2019). Mental Resilience in Adolescents, Parents and Families: Developmental Perspective. *17th Hellenic Conference of Psychological Research*. Alexandroupoli, Greece (Book of Abstracts, 410-11).
2. **Papadopoulos, D.** (2018). Modern and Post-modern Approaches in Cognitive and Socio-Emotional Development of Gifted and Talented Students. *6th Panhellenic Conference on Developmental Psychology*. Thessaloniki, Greece. (Book of Abstracts, p. 133-135).
3. **Papadopoulos, D.** (2017). Development, Learning and Positive Psychosocial Adaptation of Students in Different Educational Environments: The Multidimensional Role of the School

Psychologist. *2nd Panhellenic Conference on School Psychology*, Volos, Greece (Book of Abstracts, p. 16-19).

4. **Papadopoulos, D.** (2016). Autism Spectrum Disorders: Design and Implementation of an Interdisciplinary Therapeutic Intervention within the context of Social Child Psychiatry. *5th Panhellenic Conference on Clinical Psychology/Health Psychology*. Athens, Greece (Book of Abstracts, p. 79-80).
5. **Papadopoulos, D.** (2007). Psychiatric Reform: Applying an Integrated Care Model to Patients with Chronic Mental Illness. Clinical, Psychological, Nursing & Social Interventions. *3rd Panhellenic Conference on Clinical Psychology/Health Psychology*. Thessaloniki, Greece (Book of Abstracts, p. 120)

Unpublished Dissertations

1. **Papadopoulos D. (2016).** Perceptual and Conscious Abilities of Gifted Children Aged 5 – 6-years-old. Ph.D. Thesis. South-West University “Neofit Rilski” | Department of Psychology.
2. **Papadopoulos D. (2006).** Effectiveness of a Community-Based Social Skills Intervention for Individuals with Intellectual Disability and Mental Health Disorders in a Residential Care Facility. Post-graduate Dissertation. University of Ioannina | Medical School.

Research Collaboration

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|-----------------------------|--|
| 2021 – (in progress) | Research Laboratory in Counseling, Psychosocial Support and Community Interventions. Department of Social Work, University of West Attica (Prof. A. Maniadaki) |
| 2018 – (in progress) | Research Laboratory in Child Development of the Panhellenic Association of Mental Health for Children and Adults |
| 2016 – 2018 | Research Laboratory in Psychology, Aegean College, in collaboration with CCCU |
| 2015 – 2023 | “APOSTOLI” NGO of the Holy Archdiocese of Athens |

Teaching in Higher/Third-level Education

1. Undergraduate Courses in Greek Universities

University of Ioannina, Department of Early Childhood Education and Care

Academic Year 2023-2024

- 1) Developmental Psychology II (>120 participating students)
- 2) Neurodevelopmental Disorders (>120 participating students)
- 3) Seminar in Critical Review in Early Childhood Developmental Stages (>100 participating students)

Academic Year 2022-2023

- 4) Developmental Psychology I (>120 participating students)
- 5) Developmental Psychopathology (>100 participating students)
- 6) Cognitive Development and Education Applications in Early Childhood (>100 participating students)
- 7) Counseling Psychology (>100 participating students)

University of Ioannina, Department of Psychology

Academic Year 2021-2022

- 1) Developmental Psychology I: Infancy, to preschool age (>120 participating students)
- 2) Developmental Psychopathology II (>150 participating students)
- 3) Psychology of Middle Age and Aging (>100 participating students)

University of Crete, Department of Psychology

February 2018- September 2021

- 1) Behavioral Problems of Children in the Family and School Environment (*3 semesters*)
- 2) Psychology of Middle Age and Aging (*3 semesters*)
- 3) Pervasive Developmental Disorders (*4 semesters*)
- 4) Developmental Psychology II: *Adolescence to Late Adulthood* (*1 semester, >160 participating students*)
- 5) The Psychology of Aging (Seminar)

University of Peloponnese, Department of Speech Therapy

Academic Years: 2018-19 and 2020-21

- 1) Developmental Psychology I (*2 semesters*)
- 2) Specific Developmental Disorders of Scholastic Skills (SDDSS)-Specific Spelling Disorder (Dyslexia) (*1 semester*)

2. MSc "School Psychology", Aegean College in collaboration with CCCU

October 2016 – October 2018

- 1) Developmental Psychology and Psychopathology of Children & Adolescents (*2 semesters*)
- 2) Psychology of Learning and Teaching (*2 semesters*)
- 3) Placement in School Psychology (*2 semesters*)
- 4) Post-Graduate/Master Dissertation (*2 semesters*)

Main Supervisor of MSc Theses

H. M.	Psychological Resilience of Teachers in Secondary Education
P. N.	Exploring the Psychological Characteristics of University and College Students in Greece
V. O.	Investigating the Relationship between Parenting Style, Self-esteem, and Psychological Resilience of Greek Teenagers

Supervision of 15 Post-graduate students during their practicum

Coordinator and Main Supervisor for the Practicum of Post-graduate Students in the Nursery and Primary School for Children with Special Needs and Mental Health Clinics in Athens

Teaching in Post-Secondary Institutions

	Public Vocational Training Institute (DIEK) of Metamorphosi Pre-school Department for Persons with Special Needs Teaching of the course ‘Practical Work Exercise in the Work Environment’
Academic year 2012 – 2013	Public Vocational Training Institute (DIEK) of Metamorphosi Surgery Nursing Department Teaching of the course ‘Psychiatry’ Public Vocational Training Institute (DIEK) of Metamorphosi Pre-school Department for Persons with Special Needs Teaching of the course ‘Psychopathology’
Academic year 2007-2008	Public Vocational Training Institute (DIEK) of Metamorphosi Pre-school Department for Persons with Special Needs Teaching of the course ‘General Psychology’ Public Vocational Training Institute (DIEK) of Eleusis Kinesitherapy Department Teaching of the course ‘Geriatric Rehabilitation’

Ad-hoc Reviewer

Number of reviews conducted: 18 reviews in 8 journals (Publons)

International Journal of Developmental Disabilities | Child Care in Practice | Children | Psychology Research and Behavior Management | Journal for the Education of the Gifted | International Journal of Environmental Research and Public Health | Scientific Reports | Culture, Medicine, and Psychiatry | Gifted Child Quarterly

Reviewer for International Conferences of Scientific Associations

International School Psychology Association (ISPA)

Membership and Activities in Scientific and Professional Societies

- 2021 –** Hellenic Association of Child and Adolescent Psychoanalytic Psychotherapy (HACAPP) | Trainee Member
- 2016 –** International School Psychology Association (ISPA)
- 2019 –** Hellenic Psychological Society (ELPSE)
- 2016 –** European Association of Behavioral and Cognitive Therapies (EACBT)
- 2017 –** European Association of Developmental Psychology (EADP)

Professional and Clinical Experience

- January 2011 –** **Youth and Lifelong Learning Foundation | Athens**
- September 2015** Head of the supervision, coordination, and operation of the project “Parents Schools” for East Attica
- February 2014 –** **Hellenic Ministry of Public Order & Citizen Protection | Athens**
- June 2014** Psychologist in hospitality centers for underage immigrants at the Amygdaleza center.
- September 2010 –** **Hellenic Ministry of Education, Lifelong Learning and Religious**
- June 2012** **Affairs | Athens**
Center for Differential Diagnosis, Diagnosis & Support
School Psychologist [Engagement Act: Φ.41.1./89/27-09-2011;
Φ.41.1/10485/20-09-2010]
- September 2009 –** **Hellenic Ministry of Education, Lifelong Learning and Religious**
- June 2010** **Affairs | Athens**
Technical Professional School of Special Education at Acharnai
School Psychologist [Engagement Act Φ.41.1./9267/30-09-2009]
- March 2010 –** **Hellenic Ministry of Education, Lifelong Learning and Religious**
- June 2010** **Affairs | Athens**
Psychologist at the Second Chance School at Acharnai
- July 2012 –** **Panhellenic Association of Mental Health for Children & Adults**
- February 2023** **(PEPSYPE)**

Founder and director of PEPSYPE, a nonprofit organization governed by private law, aims to promote mental health in children, youths, and families as well as in vulnerable groups.

December 2011 –

“APOSTOLI” NGO of the Holy Archdiocese of Athens

February 2023

External scientific supervisor in the Mobile Mental Health Unit (Karditsa region).

June 2009 –

“Oikogeneia” Center for Speech Therapy & Counseling

July 2014

Diagnostic evaluation, intake, and individual CBT for children and youths

September 2012 –

“Oikogeneia” Center for Speech Therapy & Counseling

July 2014

Internal supervisor of the interdisciplinary team

Clinical Training and Continuing Professional Development

I. Clinical Certification

2006

Diploma in Cognitive - Behavior Therapy (CBT)

Institute of Behavior Research and Therapy | Athens

Four-year clinical training recognized by the European Association for Behavioral and Cognitive Therapies (EABCT).

The curriculum included:

- 1) Two years theoretical courses,*
- 2) Two years of supervised CBT for eight patients*
- 3) Group-based CBT, and*
- 4) Dissertation (>45.000 words)*

II. Clinical Training

2021 – *In progress*

Clinical training in Child and Adolescent Psychoanalytic Psychotherapy

Hellenic Association of Child and Adolescent Psychoanalytic Psychotherapy | Athens.

The curriculum includes on a weekly basis:

- 1) Theoretical seminars*
- 2) Group clinical supervision with trainers of the Hellenic Psychoanalytic Society and the Hellenic Association of Child and Adolescent Psychoanalytic Psychotherapy, and*

3) *Infant observation seminars.*

- 2021 – **Individual Psychoanalysis** with a member of the Hellenic Psychoanalytic Society (EPSE) [with a frequency of at least three times a week]
- 2020 **Two-year Training in ‘Psychoanalysis’**
Hellenic Psychoanalytical Society (EPSE) | Athens
- 2002 **Annual Training in Group Dynamics and Psychodrama**
Institute of Group Analysis | Athens

III. Continuing Professional Development

- 2023 Training on ADOS-2 & ADI-R | Spyros Doxiadis Unit
- 2015 Training on **WPPSI-III^{GR}**, Motivo Axiologisi | Athens
- 2011 Training on **School Readiness “A-Test”** | Athens
- 2004 Annual Training on **“Specific Developmental Disorders in Language and Motor Function”** | Mental Health Center of Vyronas – Kaisarianis
- 2002-2004 Training on **Personality** (e.g., MMPI, Rorschach, TAT) and **Neuropsychological Assessment** (e.g., WAIS, WISC, WCST, Stroop task, TMT, MMSE, BVRT) | Laboratory of Psychology in Eginitio Hopsital

Licenses

- 2016 License to teach in Higher Education Academic Institutions in Greece. The Hellenic Department of Education.
- 2003 Psychologist’s Practice License issued by the Hellenic Department of Health Service. Division of Public Health.

Awards and Scholarships

- February 2002** Highest GPA Award from the State Scholarship Foundation for the 3rd year of undergraduate studies (2000-2001). *Grade: 9.20*
- February 2003** Highest GPA Award from the State Scholarship Foundation for the 4th year of undergraduate studies (2001-2002). *Grade: 8.91*

Languages

English (C2, Common European Framework of Reference-CEFR) | **German** (C1, CEFR) | **Italian** (A1, CERF) | **Greek** (native speaker)

Computer Skills

- Statistical Software: SPSS
- Operating systems: Windows

[Updated, October 2023]