

## CURRICULUM VITAE

### **PERSONAL INFORMATION**

**NAME:** NOUSIA P. ALEXANDRA

**Address:** 4th Km. of National Road Ioannina- Athens, 45500, Ioannina

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### **STUDIES**

- 2003** TEI Epirus: Department of Early Childhood Education
- 2007** (M.A) Master's Degree Program  
"Pedagogical Play and Pedagogical Materials in Early Childhood Education"  
University of Thessaly
- 2020** PhD from the Department of Early Childhood,  
University of Ioannina,  
"Music Education in Kindergartens in Greece: Theoretical Approaches and Reality through the Views of Preschool Teachers in Epirus".

### **SPECIALIZATION**

#### **- INFANT MASSAGE**

Certified by IAIM. International Association of Infant Massage  
Certified Infant Massage Instructor.

#### **- EARLY CHILDHOOD MUSIC EDUCATION**

Training Program: "Music Education in Early Childhood" organized by the  
KE.DI.V.I.M. of the Ionian University in the academic year 2021-2022.

Duration 9 months / 432 hours.

Period of implementation of the Program 1/10/2021 - 30/6/2022

## **EMPLOYMENT-EXPERIENCE**

### **◆ TEACHING EXPERIENCE**

- **2008-2016 Special Scientist**  
Technological Educational Institute (TEI) of Epirus, Ioannina, Greece  
Department of Early Childhood Education & Care
- **2016 – 2022 Adjust Lecturer**  
University of Ioannina  
Department of Early Years Learning and Care

### **Undergraduate Teaching Courses:**

- Educational Material and The Implementation of Teaching in Early Childhood (Theory)
- Puppet Theatre (Theory)
- Early Childhood Education and Care I, VI, V (Theory)
- Teaching Methodology of Activities – Pedagogical Play (Laboratory)
- Teaching-Methodological Approaches and Programs in Early Childhood
- Infant’s Care and Education I (Laboratory)
- Infant’s Care and Education II (Laboratory)
- Child’s Care and Education I (Laboratory)
- Contemporary Trends of Early Childhood-Methods & Applications of Contemporary Teaching Models in Early Childhood (Laboratory)
- Fine Arts Education & Creativity (Laboratory)
- Museum Education (Laboratory)
- Kinetic Education in The Preschool Age (Laboratory)
- Introduction To Children’s Literature (Theory)
- Supervision of Pre-Service preschool teachers’ Practice in Day Care Centers

### **◆ TEACHING EXPERIENCE IN POST-SECONDARY EDUCATIONAL INSTITUTES**

- ❖ **Instructor in public and private post-secondary two years of training education institutes.**
- ❖ **Department of preschool teachers’ assistants**
- **2018-2021:** professional training schools, Arta, Greece
- **2015 B’semester:** IEK (post-secondary education institute) Arta, Greece

- **2016 A & B semester:** IEK (post-secondary education institute) Arta- Ioannina Greece
- **2008 B´ - 2009 A´ semesters:** IEK (post-secondary education institute) Ioannina Greece
- **2014 B´semester:** I.I.E.K Giatsos. Private IEK (post-secondary education institute) Ioannina Greece

#### ◆ PARTICIPATION IN SCIENTIFIC PROJECTS

- 17/06/2015 – 30/09/2015: Participation and Support of Project Laboratory Exercises and Submission of Laboratory Material Forms, in the subsidized Training Program for Social Welfare Professionals in Counselling Skills and Enhancement of their Professional Identity, which was organized by the Technological Educational Institute (TEI) of Epirus.

Subsidized Project for Lifelong Learning for the Updating of Knowledge of Higher Education Institutions Graduates (PEGA) with theme:  
*“Training Social Care Professionals in Counselling Skills and Enhancing their Professional Identity”.*

#### ◆ WORK EXPERIENCE

- 9/2007 - 9/2008: preschool teacher. Kindergarten Paramithoupoly, in Ioannina city, Greece
- 9/2005 – 7/2007: preschool teacher. Kindergarten Babyland, in Volos city, Greece

#### ◆ PRESENTATIONS OF SCIENTIFIC PAPERS IN INTERNATIONAL & NATIONAL CONFERENCES (PEER REVIEWED)

1. **Nousia, A.,** Stergiou, S., & Stoikos, G. (2006) Virtual Reality in Education and its didactic use. Interdisciplinary didactic use of Pedagogical Material & Pedagogical Game. *Department of Early Childhood Education, University of Thessaly.* Volos 17-18 March.
2. **Nousia, A.** (2010). ICT in the Entertainment of Young Children. Gender Differences and Children's Views on Electronic Games. *2nd International Conference on Early Childhood Education. TEI of Epirus - Department of Early Childhood Education, University of Ioannina - Pedagogical Department of Early Childhood Education, Pedagogical Society of Greece.* Modern Trends and Perspectives in Early Childhood Education and Education of the 21st Century. Ioannina, 22-24 October.
3. **Nousia A.,** Charisi A., Perou P., Politi A. & Pantelaki D. (2013). Dimensions and Benefits of Infant Chiropractic. *1st International Conference on Applied Innovation. T.E.I. Epirus.* Problems and Prospects of Innovative Entrepreneurship in Greece in relation to the International Area. Arta, 13-14 September.

4. **Nousia, A.,** Batsis, D., Charisi, A., Kanellopoulou, E., Koukounouri, A.-E., (2017). Pedagogical redesign of preschool interior space. *Interdisciplinary conference with international participation. Departments of Architecture Engineering and Early Childhood Education and Science of the Aristotle University of Thessaloniki and the Interdepartmental Postgraduate Program "Total Quality Management and Innovative Applications in Education" of the Aristotle University of Thessaloniki, in collaboration with the Faculties of Architecture of NTUA and Polytechnic University of Crete and the Department of Pedagogy of the University of Ioannina.* "Places for the Child or "Places of the Child". Thessaloniki, 19-21 May.
5. Batsis, D., **Nousia, A.** (2018). Sound and music as a communicative factor between parent and child. *5th Panhellenic Conference "Neos Paidagogos".* Under the auspices of the Education Ministry. Athens, 28-29 April.
6. **Nousia, A.,** Kanellopoulou, E., Batsis, D., (2019). The Interdisciplinary Approach in Preschool Education. Activities and Practices. *6th Panhellenic Conference " Neos Paidagogos".* Under the auspices of the Education Ministry. Athens, 11-12 May 2019.
7. Kanellopoulou, E., **Nousia, A.,** Batsis, D., (2019). The Project method in preschool education. *6th Panhellenic Conference " Neos Paidagogos".* Under the auspices of the Education Ministry. Athens, 11-12 May 2019.
8. Batsis, D., **Nousia, A.** (2019). New media and music: Interactive technological applications in preschool children. *28th International Conference on Health Education, Social Pedagogy and Medicine, Social Pedagogy, Counselling and Special Education.* Patras, 6 - 7 December

◆ **POSTED PAPERS IN INTERNATIONAL & NATIONAL  
CONFERENCES (PEER REVIEWED)**

1. **Nousia, A.** (2009). Video games: Children's Views, Learning Modes and Gender Differences. *7th Panhellenic Conference, Hellenic Committee of the World Organization for Early Childhood Education (O.M.E.R.), Department of Early Childhood Education. National and Kapodistrian University of Athens.* Childhood and Mass Media. Athens, 6-8 November.
2. Mantziou, S., Rentzou, K & **Nousia, A.** (2009). Parental Strategies and Infants' Sleep-Wake Regulation. *International Attachment Conference.* 2-4 October, Barcelona.
3. Mantziou, S., **Nousia, A** & Ikonomidou, V. (2011). Greek infants Sleep and Parental sleep – Related Cognitions. *International Association of Relational Psychoanalysis and Psychotherapy – IARPP- 29/6-2/7, Madrid, Spain*
4. **Nousia A.** (2013). Video games and social development of young children. *9th Panhellenic Conference. Hellenic Committee of the World Organization for Early Childhood Education (O.M.E.R.), Department of Early Childhood Education, University of Ioannina.* Life Skills: Personal - Social development in preschool and early school age. Personal and social development in early childhood and early childhood education.

5. **Nousia, A.**, Vryoni, E., Chaliassos, N. (2015). Effect of TV advertising on childhood obesity. *27th Conference of the Hellenic Society for Social Pediatrics and Health Promotion*. Child-friendly cities. Sparta-Monemvasia 9-10 October.
6. **Nousia, A.**, Vryoni, E., Chaliassos, N. (2016) New technologies: A modern way of engaging children VS Physical activity. *28th Conference of the Hellenic Society for Social Pediatrics and Health Promotion*. "A healthy mind in a healthy body". "Healthy mind in healthy body". Trikala, 6-9 October.
7. **Nousia, A.**, Raptis Th., (2017). The necessity of music education in early childhood. An assessment of Greek reality. *4th Panhellenic Conference "Neos Paidagogos"*. Under the auspices of the Education Ministry, paper numbers: No. 71769/D2, 28-4-2016 & No. Prot. 71782/D2, 28-4-2016. Athens, 1-2 April.
8. Harisi, A., Koukounouri A.-E., Kanellopoulou, E., **Nousia, A.**, Batsis, D. (2017). Transforming the Outdoor Space in Early Childhood Education. *Interdisciplinary conference with international participation. Departments of Architecture Engineering and Early Childhood Education and Science of the Aristotle University of Thessaloniki and the Interdepartmental Postgraduate Program "Total Quality Management and Innovative Applications in Education" of the Aristotle University of Thessaloniki, in collaboration with the Faculties of Architecture of the EMP and the Technical University of Crete and the Department of Early Childhood Education of the University of Ioannina*. "Places for the Child or "Places of the Child". Thessaloniki, 19-21 May.
9. **Nousia, A.**, Batsis, D., Kanellopoulou, E., Vryoni, E. (2017). The Importance of Music and Movement Activities in the Development of Young Children. *29th Conference of the Hellenic Society for Social Pediatrics and Health Promotion*. Children, Adolescents and Family in the New Era Health and Psychosocial Wellbeing Needs. Kavala, 14-17 September.
10. Kanellopoulou, E., **Nousia, A.**, Batsis, D., Vryoni, E. (2017). *29th conference of the Hellenic Society for Social Pediatrics and Health Promotion*. Children, Adolescents and Family in the New Era Health and Psychosocial Wellbeing Needs. Kavala, 14-17 September.
11. Batsis, D., **Nousia, A.**, Kanellopoulou, E., (2017). The Importance of Music Therapy in Preschool Education. *29th Conference of the Hellenic Society for Social Pediatrics and Health Promotion*. Children, Adolescents and Family in the New Era Health and Psychosocial Wellbeing Needs. Kavala, 14-17 September.
12. **Nousia, A.** (2018). The necessity of integration and use of New Technologies in the preschool classroom. *4th International Scientific Conference of the I.A.C.E. on: "Democracy, rights and inequalities in the era of crisis. Challenges in the field of research and education"*. Crete, 27-29 April.
13. **A. Nousia**, E. E. Kanellopoulou., D. Batsis., N. Chaliassos (2018). The role of art in pediatric health environments. *30th conference of the Hellenic Society for Social Pediatrics and Health Promotion*. Health, Child, Art: art and science have truth, seek refuge there. Tinos, 20-23 September.
14. E. Kanellopoulou, E. Vryoni., **A. Nousia.**, D. Batsis. (2018). The connection between art, therapy and public health. *30th conference of the Hellenic Society for Social Pediatrics and Health Promotion*. Health, Child, Art: art and science have truth, seek refuge there. Tinos, 20-23 September.

15. D. Batsis, E. Vryroni, **A. Nousia**, E. Kanellopoulou. (2018). Rhythm as a communicative pathway between parent and child. *30th conference of the Hellenic Society for Social Pediatrics and Health Promotion*. Health, Child, Art: art and science have truth, seek refuge there. Tinos, 20-23 September.
16. **Nousia, A.** (2022). The contribution and the value of music in the education and development of infants and toddlers. Theoretical approaches and applications in early childhood. *9th Pedagogical Workshop. Association of Greek Infant and Toddler Nurseries (S.B.E.) Modern Psychopedagogical Approaches in the Application of Pedagogical Practice*. Ioannina, 2 April

#### ◆ TEACHING SEMINARS

1. **Nousia, A.** (2009). The influence of advertising on children's nutrition - Workshop. 3-day Training Seminar - Workshop, Consumerism, Nutrition and Environment. Centre for Environmental Education (K.E.E.) Pramanton. Ioannina 3-5 April

#### ◆ PUBLICATIONS IN PEER-REVIEWED SCIENTIFIC CONFERENCES & JOURNALS

1. **Nousia A.** (2010). ICT in the Entertainment of Young Children. Gendered various and children's views on computer games. *Proceedings of the 2nd International Conference on Early Childhood Education*. "Contemporary Trends and Perspectives in Early Childhood Education and Training in the 21st Century", B, 290 - 308.
2. **Nousia A.** (2011). The influence of advertising on young children eating habits. "Ways of managing for parents and teachers", *Sychrono Nipiagogio*, 79, 116-121.
3. **Nousia A.**, Panaki D., Peroni P., & Skoti V. (2014). Poles' animals. An interdisciplinary approach for preschool children. *Parathyro Stin Ekpaideysi Tou Paidiou*, 85, 96-103.
4. **Nousia, A.**, Raptis Th., (2017). The necessity of music education in early childhood. An assessment of the Greek reality. *Proceedings of the 4th Panhellenic Conference "Neos Paidagogos"* (e-book/PDF). (ISBN: 978-618-82301-2-5, 3185-3190.
5. **A. Nousia**, D. Batsis, A. Charissi, E. Kanellopoulos, & A. Koukounouri (2018). Proposal for the redesign of the interior of a kindergarten classroom. *Proceedings of an interdisciplinary conference with international participation*. Spaces for the Child or Spaces of the Child, 1, 190-203.
6. Batsis, D., **Nousia, A.** (2018). Sound and music as a communicative factor between parent and child. *5th Panhellenic Conference "Neos Paidagogos"*. Proceedings of the 5th conference (application link). ISBN: 978-618- 82301-4-9, 1696-3190.
7. **Nousia, A.** (2018). Necessity of the integration and use of New Technologies in the preschool classroom. *Proceedings of the 4th International Scientific Conference of IACCE on: Democracy, rights and inequalities in the era of crisis*.

- Challenges in the field of research and education*, B, 611-616, 611-616. Crete, 27-29 April.
8. **Nousia, A.**, Kanellopoulou, E., Batsis, D., (2019). The Interdisciplinary Approach in Preschool Education. Activities and Practices. *6th Panhellenic Conference "Neos Paidagogos"*. Under the auspices of the Education Ministry. Athens, 11-12 May 2019. Proceedings of the 6th conference (application link). ISBN: 978-618-82301-5-6, 1730-1736.
  9. Kanellopoulou, E., **Nousia, A.**, Batsis, D., (2019). The Project method in preschool education. *6th Panhellenic Conference "Neos Paidagogos"*. Under the auspices of the Education Ministry. Athens, 11-12 May 2019. Proceedings of the 6th conference (application link). ISBN: 978-618-82301-5-6, 1737-1744.
  10. Batsis, D., **Nousia, A.** (2019). New media and music: Interactive technological applications in preschool children. *Proceedings of the 28th International Conference on: Health Education, Social Pedagogy and Medicine, Social Pedagogy, Counselling and Special Education*, 426-437. Patras, 6 - 7 December.
  11. Batsis, D., **Nousia, A.** (2021). Music as a factor of emotional development and communication between parent and infant. *Musical pedagogics*, 19, 25-41.
  12. **Nousia, A.**, Raptis Th., (2021). Institutional framework and operation of kindergartens in Greece with emphasis on music: a study of their development over time. *Scientific Yearbook, Department of Kindergarten Education, University of Ioannina*: National Documentation Centre, National Research Foundation. 14,1, 69-84  
URL:<http://ejournals.epublishing.ekt.gr/index.php/jret/index>  
<http://orcid.org/0000-0003-4758-9636>
  13. Tympa E., Kanellopoulou E., Karavida B., Nousia A. (2022). Greek grandparents and preschool teacher's views of intergenerational playing traditional games. (Under review)
  14. Tympa E., Nousia A., Karavida B., Kanellopoulou E. (2022). Parents perspectives on teaching preschool children saving and sharing for those in need. (Under review)
  15. Nousia, A., Raptis Th. (2022). Early Children Education Through Arts: Preschool teachers views on types and frequency of young children engagement in music education activities in preschool centers in Greece. (Under review)
  16. Nousia A. (2022). The transition from preschool teachers' traditional concepts to modern perceptions with emphasis on education through arts. (Under review)
  17. Nousia A. (2022). Preschool Education through Music Art: Factors that influence preschool teachers' skills to implement musical activities in the classroom. (Under review)
  18. Nousia, A., Batsis, D. (2022). The use of ICT in early childhood with emphasis on music education. (Under review)
  19. Nousia, A. (2022). The need to integrate and use new technologies in preschool education. (Under review)

## ◆ WEBSITES PUBLICATIONS

1. **Nousia A.** Symacesi S., Papamengelopoulou K., & Haritakis K.,(2012). “Earth and the other Planets”. Interdisciplinary approach of the topic in preschool age. www. Bizeli.com.

Publication date: 12/2012.

2. **Nousia A.** (2018). The influence of advertising on young children eating habits. <http://eimaimaia.gr/>

Publication date: 2/2018

3. **Nousia, A.,** Koustoulidou, H., Litovoili, E. (2019). “The Elephant”, Interdisciplinary Activities. Diptycho publications

[https://www.diptyxo.gr/views/search/articles?search\\_api\\_views\\_fulltext=%CE%B5%CE%BB%CE%AD%CF%86%CE%B1%CE%BD%CF%84%CE%B1%CF%82](https://www.diptyxo.gr/views/search/articles?search_api_views_fulltext=%CE%B5%CE%BB%CE%AD%CF%86%CE%B1%CE%BD%CF%84%CE%B1%CF%82)

Publication date: 01/10/2019

4. **Nousia A. (2021).** What are the video games that children play?

<http://eimaimaia.gr/>

Publication date: 6/2021

## ◆ PARTICIPATION IN THE WORKSHOP ORGANISING COMMITTEE

1. Modern Psychopedagogical Approaches in the Application of Pedagogical Practice. Association of preschool teachers of Greece (S.B.E.). Department of Early Childhood Education, University of Ioannina. 2/4/2016, Ioannina.

2. Music in School Life. Hellenic Association for Music Education (E.E.M.E.). Department of Early Childhood Education, University of Ioannina. 20/10/2018, Ioannina.

## ◆ SUPERVISION OF THESES (44) IN:

❖ Department of Early Childhood Education & Care

- Technological Educational Institute (TEI) of Epirus, Ioannina, Greece

❖ Department of Early Years Learning and Care  
University of Ioannina

## ◆ VOLUNTARY ACTIVITY

Member of a Voluntary Blood Donation Team in a local association in Ioannina