



Curriculum vitae

Personal information

Surname / First Name **Moschou Kalliopi**
Address Chloe Area, P.O. Box 804, 52 100, Kastoria
Telephone 2467028148 Mobile: 693 6426262
Email mosxou_kalliopi@hotmail.com
Citizenship Greek
Date of birth 15/05/1984

Education and training

Date 2018
Title of certificate or diploma **PhD in Counseling**
GRADE: EXCELLENT
Name and type of organisation providing the education or training **Department of Primary Education of the University of Ioannina**
Thesis Topic The effectiveness of a counseling programme based on person centered play therapy and narrative approach for children with unusual physical traits with an ultimate goal their well – being
Scientific Interests – relevance to the research subject Psychoeducational programs, Person-Centered play Therapy, Narrative Counseling, Verbal Bullying, the counseling role of teachers
Date 2008 - 2010
Title of certificate or diploma **MSc in Education Sciences**
Specialization: "Counseling – Psychology"
GRADE: EXCELLENT
Name and type of organisation providing the education or training **Department of Primary Education of the University of Ioannina**
Scientific Interests Student Counseling - Teacher Counseling Work
Date 2002 - 2006
Title of certificate or diploma **BSc in History and Archaeology (Department of History)**
Name and type of organisation providing the education or training **Faculty of Philosophy, University of Ioannina**
Scientific Interests Social Anthropology
Chronology 2002
Title of certificate or diploma **High School Diploma**

Publications in reputable international journals

- Brouzos, A., Vassilopoulos, S.P., Baourda, V., Tassi, C., Stavrou, V., **Moschou, K.**, & Brouzou, K.O. (2021). Staying Home – Feeling Positive: Effectiveness of an on- line positive psychology group intervention during the COVID – 19 pandemic. *Current Psychology*, <https://doi.org/10.1007/s12144-021-01613-x>
- Brouzos, A., Vassilopoulos, S.P., & **Moschou, K.** (2016). Utilizing Storytelling to promote emotional well – being of children with a distinct physical appearance: The case of children who wear eyeglasses. *The European Journal of Counselling Psychology*, 4(1), 62 - 76.

Publications in volumes of proceedings of reputable Greek conferences

- Moschou, K., & Brouzos, A. (2012). Investigation of factors that affect teachers' attitudes towards undertaking advisory work. In K. D. Malafantis, N. Andreadakis, D. Karagiorgos, G. Manolitsis, & V. Economides (Eds.), *Proceedings of the 7th Panhellenic Conference: Greek Pedagogy and Educational Research* (pp. 1043 – 1054). Zefyri Attica: Diadrasi Publications.

Publications in reputable Greek journals

- Vassilopoulos, S., Brouzos, A., & **Moschou, K.** (2016). Utilizing the potential of narrative counseling and person-centered play therapy to improve the emotional well-being of children with special traits in their external appearance: the case of children with orthodontic problems. *Journal of Counselling and Guidance*, 107, 336 – 348.
- Brouzos, A., & **Moschou, K.** (2011). Investigation of teachers' perceptions of the usefulness of exercising their advisory work in modern times. *Journal of Counselling and Guidance*, 94 – 95, 217 – 226.

Publications in volumes of abstracts of Greek conferences with referees

- **Moschou, K.,** Brouzos, A., & Vassilopoulos, S (2022). The use of group counseling to enhance the well-being of primary school children with special characteristics in their external appearance. International Scientific Conference: "Education in the 21st century – Contemporary challenges and concerns". PDE Ioannina (13 – 15 May)
- Brouzos, A., Tassi, C., Vassilopoulos, S., Baourda, V., Stavrou, V., **Moschou, K.,** & Brouzou, K.O. (2021, June). *Group online positive psychology intervention during the COVID-19 pandemic*. 29th Panhellenic Congress of Psychiatry, Hellenic Psychiatric Association, Online (10-13 June).
- **Moschou, K.,** Brouzos, A., & Vassilopoulos, S. (2018). "The use of group counseling to enhance the psychological well-being of children with particularities in their external appearance". 7th Panhellenic Conference on Counseling Psychology: "*Counseling Psychology and Socially Vulnerable Groups: Making the Invisible Visible*". Pedagogical Departments of Special Education, Preschool and Primary Education of the University of Thessaly, SYPS, ELPSE, Volos (8-11 November).
- **Moschou, K.,** Brouzos, A., & Vassilopoulos, S. (2016). "Utilizing the potential of narrative counseling and person-centered play therapy to improve the emotional well-being of children with particularities in their external appearance: The case of overweight and obese children". 6th Panhellenic Conference on Counseling Psychology: *Issues of Multiculturalism and Social Justice in Counseling Psychology*. ELPS, SYPS, TEAPI & P.T.D.E. University of Athens, Athens (4 – 6 November).
- **Moschou, K.,** Brouzos, A., & Vassilopoulos, S. (2015). "Implementation and evaluation of an intervention program to improve the emotional well-being of children with particularities in their external appearance: The case of children with orthodontic problems". 3rd Panhellenic Congress of the Psychological Society of Northern Greece: *Psychology and Education: Contemporary Orientations and Applications*. PSEVE & P.T.N. University of Ioannina, Ioannina (9 – 11 October).
- **Moschou, K.,** Brouzos, A., & Vassilopoulos, S. (2014). "Implementation and evaluation of the effectiveness of an intervention program aimed at improving the emotional well-being of children with special characteristics in their external appearance: The case of children wearing eyeglasses". 5th Panhellenic Conference on Counseling Psychology: *Current trends, future orientations*. Counselling Psychology Branch of the Hellenic Psychological Association (ELPSE) in collaboration with P.T.D.E., T.E.E.A.P.I. of the University of Patras and the Laboratory of Educational Psychology, Counseling & Research of P.T.D.E. of Ioannina, Patras (6 – 9 November).
- **Moschou, K.,** & Brouzos, A. (2012). "Counseling approaches and effective treatment of bullying incidents: interventions, critical evaluation and prospects for actions". 4th Panhellenic Conference on Counselling Psychology: *The role of counselling psychology in crisis conditions*. Aristotle University: Counselling Psychology Branch of the Hellenic Psychological Authority & Department of Psychology of the Aristotle University of Thessaloniki, Thessaloniki (1-4 November).

- Brouzos, A., & **Moschou, K.** (2010). Investigation of teachers' perceptions of the usefulness of exercising their advisory work in modern times. *Panhellenic conference: The role of Career Counselling with a view to a promising future.* University of Piraeus : Hellenic Society for Counselling and Guidance & National Centre for Vocational Guidance, Piraeus (11 – 12 December).
- **Moschou, K.,** & Brouzos, A. (2010). Investigation of factors that affect teachers' attitudes towards undertaking advisory work. *7th Panhellenic Conference: Greek Pedagogy and Educational Research.* School of Education, University of Crete & Pedagogical Society of Greece, Rethymno (19 – 21 November).
- **Moschou, K.,** & Brouzos, A. (2010). Attitudes and perceptions of primary and secondary education teachers about the need to undertake advisory work at school. *3rd Panhellenic Conference on Counseling Psychology: Counseling Psychology: Applications – Challenges.* University of Crete & Hellenic Psychological Society, Rethymno (6 - 9 May).
- Seferi, S., **Moschou, K.,** Andreou, K., Ioannou, M., Alexopoulos, C., & Leontopoulou, S. (2009). Measuring Emotional Intelligence in Primary School. *12th Panhellenic Conference on Psychological Research: The contribution of psychological research to contemporary society.* University of Thessaly. Volos (14 – 17 May).
- Leontopoulou, S., Alexopoulos, C., Andreou, K., **Moschou, K.,** Seferi, S., & Ioannou, M. (2009). The Relationship between Emotional Intelligence and Resilience in Primary School. *12th Panhellenic Conference on Psychological Research: The contribution of psychological research to contemporary society.* University of Thessaly. Volos (14 – 17 May).

University Professional / Teaching Experience

Chronology	2021 – today (Fall semester)
Employment or position you have held	Scientific Field: Psychology Title of Teaching Courses: Counseling – Psychology Theory Counseling Psychology Workshop
Main activities and responsibilities	<ul style="list-style-type: none"> • Introduction to Counseling – Psychology • Counselling Process/ Ethical Issues • Theoretical Models of Counseling – Psychology • Self-Knowledge Processes • Parental Counseling • Counseling for Educators
Employment agency	University of Ioannina, School of Social Sciences, Department of Early Childhood Education & Care, University of Ioannina
Chronology	2021 – today (Spring semester)

Employment or position you have held	Scientific Field: Psychology Course Title: Critical Reflection and Personal Development
Main activities and responsibilities	<ul style="list-style-type: none"> • Theoretical frameworks for critical reflection • The importance of critical reflection in our personal development
Employment agency	University of Ioannina, School of Social Sciences, Department of Early Childhood Education & Care, University of Ioannina
Chronology	2021 – 22
Employment or position you have held	ASPETE Counseling - Psychology
Main activities and responsibilities	<ul style="list-style-type: none"> • Introduction to Counseling – Psychology • Counselling Process/ Ethical Issues • Theoretical Models of Counseling – Psychology • Self-Knowledge Processes • Intervention Programs • Parental Counseling • Educational Consulting
Employment agency	ASPETE Kozani
Dissertation Supervision	<p>Supervisor of the Diploma Thesis of PESYP of ASPETE (2021 – 22), by student Barba Vassiliki entitled: Counseling in the Third Age (examination date. 07/06/2022)</p> <p>Supervisor of the Diploma Thesis of PESYP of ASPETE (2021 – 22), by student Tselios Stavros entitled: Emotional Violence – Mobbing in the Workplace (Examination date. 07/06/2022)</p>
Awards – Distinctions in Competitions	Award at the International Poetry and Theatre Competition "Castello di Duino", as responsible teacher – Special Educator of ENEEGYL Kastoria, 2021
Professional experience	
Chronology	2020 – 06/22
Employment or position you have held	Special Educator at the Special Gymnasium – Lyceum of Kastoria
Main activities and responsibilities	Education & Special Education
Employment agency	Ministry of Education
Chronology	2018
Employment or position you have held	Educational Consultant in the Company "Educational Consulting"

Main activities and responsibilities	<ul style="list-style-type: none"> • Management & Scheduling of study time • Study techniques – course methodologies • Managing exam stress • Detection of Any Learning Difficulties • Enhancing school self-image/self-confidence • Exploring personality, interests & abilities • Development of work personality and goal setting • Labour market trends • Vocational rights of schools • Postgraduate programs offered in Greece & Abroad • Counselling for studying abroad • Weighted career guidance tests • Information on the import system in force • Individual Completion of a Computerized Form • Communication – effective interpersonal relationships – Consultation • Job search strategy • Writing a CV • Preparation for a personnel selection interview • Information on vocational training – specialization programs – for educational seminars – conferences • Business Planning
Employment agency	EDUCATIONAL COUNSELING. Chloe area – Kastoria.
Chronology	2008
Chronology	2008
Employment or position you have held	Liaison Office of the University of Ioannina
Main activities and responsibilities	<ul style="list-style-type: none"> • Registration of notices of postgraduate programmes and scholarships on the basis of the data of the Liaison Office • Providing information on issues related to education and research (conferences, workshops, etc.) • Informing liaison office users about jobs • Monitoring the labor market, recording vacancies / new jobs and informing students / graduates about the required job qualifications
Employment agency	University of Ioannina
Foreign languages	English (Certificate of Competency in English)
Computer skills	<ul style="list-style-type: none"> • Very good knowledge of the statistical package SPSS v.17 • Good knowledge of statistica statistical package v.8 • Excellent knowledge of Windows Microsoft Office 2007 (Word, Excel, Access, PowerPoint, Internet) ECDL Core Certificate
Additional Information/ Responsibilities	<ul style="list-style-type: none"> • Certified Special Education Program Provider of the Weighted Tool for the Diagnosis of Learning Difficulties /AthenaTest • Member of the Youth Office of the Metropolis of Kastoria