

CURRICULUM VITAE

PERSONAL DETAILS

Name	Vasiliki Karavida
Position	Associate Professor Department of Early Years Learning & Care, University of Ioannina
Nationality	Greek
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EDUCATION

2016	Ph.D. in Childhood Obesity, University of Ioannina Thesis title: Study on early childhood obesity and its correlation with minerals and dietary habits
2000	MEd in Special Educational Needs, University of Newcastle upon Tyne, UK
1999	Bachelor in Preschool Education, T.E.I of Mesologgi
1994	Bachelor in Classical Philology, University of Ioannina

ACADEMIC EMPLOYMENT

Current position	Associate Professor Department of Early Years Learning & Care, University of Ioannina
2018 – 2022 (Sept.)	Assistant Professor Department of Early Years Learning & Care, University of Ioannina
2009 - 2017	Lecturer Department of Early Childhood Education & Care, T.E.I of Epirus
2001 - 2009	Preschool Teacher in a Preschool Setting, Arta
2000 - 2001	High School Teacher in Early Childhood Education, Arta

TEACHING UNDERGRADUATE COURSES

Infant's Care and Education I

Infant's Care and Education II
Nutrition and Child Development
Organization Space of a Preschool Setting
Professional Ethics
Child's Care and Education I

ARTICLES PUBLISHED IN REFEREED JOURNALS

Tympa E., & **Karavida V.** (2022). Secondary Socialization Approach in Greek Early Childhood Environments during Distance Learning. Parents'-teachers' perspectives. *International Journal of Humanities and Social Science*, 12(2), 55-65. <http://dx.doi.org/10.30845/ijhss.v12n2a7>

Tympa, E., **Karavida, V.**, Charissi, A. & Siaviki, A. (2022). Parental Views of the Montessori Approach in a Public Greek Early Years Setting. *Education 3-13*, 50(2), 281-287. <https://doi.org/10.1080/03004279.2020.1849344>

Tympa E., **Karavida V.** & Siaviki A. (2021). You've got a friend in me - Greek parents' views on their children's friendships and well-being in the preschool setting. *Child Care in Practice*. <https://doi.org/10.1080/13575279.2021.2007852>

Siaviki, A., Tympa, E., **Karavida, V.**, Fykaris, I., & Grammatikou, D. (2021). The Functionality of the Montessori Method: Preschool and Primary Greek School Teacher's Attitudes. *International Journal of Humanities and Social Science*, 11(6), 115-124. <http://dx.doi.org/10.30845/ijhss.v11n6p12>

Tympa, E., **Karavida, V.**, & Filippa, V. (2021). Facilitating teaching strategies and active learning in Greek Early Years Department students. *Journal of Educational Issues*, 7(2), 56-71. <https://doi.org/10.5296/jei.v7i2.18845>

Karavida, V. & Tympa, E. (2021). Parents' beliefs and attitudes on their children's distance education performance during the COVID-19 pandemic in Greek Preschool Settings. *Journal of Education, Society and Behavioural Science*, 34(6), 62-76. <https://doi.org/10.9734/jesbs/2021/v34i630338>

Tympa, E. & **Karavida, V.** (2021). Picture books and healthy eating habits: an intervention study in a Greek preschool setting. *European Journal of Education Studies*, 5(4), 135-147. doi: <http://dx.doi.org/10.46827/ejes.v8i4.3680>

Tympa, E., **Karavida, V.** & Charissi, A. (2021). Exploring Reversed Conditions of Early Years Pre-service Teacher Training on Pretend Play. *European Early Childhood Education Research Journal*, 29(2), 224-236. <https://doi.org/10.1080/1350293X.2021.1895270>

Karavida, V., Tympa, E., Panousis, G. & Psyrropoulos, Z. (2021). Parents perception of their children's weight status in an urban area of Western Greece. *Journal of Family Medicine and Primary Care*, 10(2), 718-723. doi: 10.4103/jfmpc.jfmpc_1140_20

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- Karavida, V.,** Charissi, A. & Tympa, E. (2021). Greek University students' attitudes about distance education due to emergency circumstances. *European Journal of Open Education and E-Learning Studies*, 6(2), 14-25. <http://dx.doi.org/10.46827/ejoe.v6i1.3529>
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- Karavida, V.,** Charissi, A. & Tympa, E. (2020). Forest Schools: An alternative learning approach at the preschool age. *Journal of Education & Social Policy*, 7(4), 116-120. <http://dx.doi.org/10.30845/jesp.v7n4p12>
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- Karavida, V.,** Tympa, E., & Panousis, G. (2020). Parent-child collaboration preventing obesity and acquiring a healthy lifestyle: A review study. *International Journal of Humanities and Social Science*, 10(12), 151-155. <http://dx.doi.org/10.30845/ijhss.v10n12p20>
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- Karavida, V.,** Charissi, A., & Tympa, E. (2020). Can trainee early years teachers implement short art-based intervention in practice?. *Open Journal of Social Science*, 8(12), 149-160. doi: [10.4236/jss.2020.812013](https://doi.org/10.4236/jss.2020.812013)
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- Tympa, E., Charissi, A., & **Karavida, V.** (2020). Breastfeeding and child's growth. Interpreting brain development through a biological and sociocultural context. *Turkish Journal of Health Science and Life*, 3(2), 14-19. <https://dergipark.org.tr/en/download/article-file/861269>
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- Charissi, A., Tympa, E., & **Karavida, V.** (2020). Impact of the Covid-19 disruption on university students' perceptions and behavior. *European Journal of Education Studies*, 7(11), 222-238. <http://dx.doi.org/10.46827/ejes.v7i11.3348>
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- Tympa, E., **Karavida, V.,** Pashali, Th., & Psyrropoulos, Z. (2019). The "Cr-EAT-ive Schools Feasibility Study": Aiming to reduce food waste by implementing relevant actions including the completion of Food Waste Diaries by Kindergarten families. *Journal of Education & Social Policy*, 6(4), 80-85. <http://dx.doi.org/10.30845/jesp.v6n4p11>
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- Tympa, E., **Karavida, V.,** & Charissi, A. (2019). The impact of Systematic Exploration of Artworks in Raising Children's Healthy Eating Habits in Early Years Education. *International Journal of Humanities and Social Science*, 9(12), 85-92. <http://dx.doi.org/10.30845/ijhss.v9n12a10>
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- Charissi, A., Tympa, E., & **Karavida, V.** (2019). Contribution of Systematic Exploration of Artworks in Raising Children's Critical Thinking and Empathy about Friendship and Difference through Early Years. *International Journal of Education*, 11(4), 35-47. <https://doi.org/10.5296/ije.v11i4.15857>
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- Karavida, V.,** Tympa, E., & Charissi, A. (2019). The Role of Nutrients in Child's Brain Development. *Journal of Education and Human Development*, 8(2), 176-180. doi: [10.15640/jehd.v8n2a18](https://doi.org/10.15640/jehd.v8n2a18)
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- Charissi, A., **Karavida, V.,** Tympa, E., Vrionis, G., & Mantziou, T. (2019). Nutrition and brain development in childhood: The effect of breastfeeding and its symbolic dimensions. *Archives of Hellenic Medicine*, 36(6), 727-733. <http://www.mednet.gr/archives/2019-6/pdf/727.pdf> (in Greek)
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Καραβίδα, Β., Βρυώνη Ε., Ζιώγα Ε., & Βέργου Μ. (2018). Η επίδραση των προγεννητικών και περιγεννητικών παραγόντων στην πρόσληψη βάρους κατά την πρώιμη παιδική ηλικία. *Διεπιστημονική Φροντίδα Υγείας*, 10(2), 100-104. ISSN 1791 – 9649. (in Greek)

Karavida, V., Pesxos, D., Vrionis, G., & Euaggelou, A. (2017). The role of eating habits in childhood obesity. *Archives of Hellenic Medicine*, 34(1), 27-31. ISSN 11-05-3992. <https://www.mednet.gr/archives/2017-1/pdf/27.pdf> (in Greek)

Μάντζιου, Σ., Αχνούλα, Γ., & **Καραβίδα, Β.** (2014). Η σπουδαιότητα της θετικής αφής στην ολόπλευρη ανάπτυξη των νηπίων. *Investigating the Child's World*, 13, 285-290. ISSN: 1106-5036. <http://dx.doi.org/10.12681/icw.17961> (in Greek)

Καραβίδα, Β. (2009). Τομείς ανάπτυξης και αγωγής του παιδιού προσχολικής ηλικίας. *Παιδαγωγικός Λόγος*. Τόμος ΙΕ', 3:57-69. ISSN 1106-9341. <https://www.plogos.gr/TEYXH/2009-3.pdf> (in Greek)

Καραβίδα, Β. (2008). Το παιδαγωγικό υλικό στα προσχολικά ιδρύματα. Ιδιότητες και κατηγορίες του. *Παιδαγωγικός Λόγος*. Τόμος ΙΔ', 3:103-109. ISSN 1106-9341. https://www.plogos.gr/TEYXH/2008_3.pdf (in Greek)

ARTICLES PUBLISHED IN CONFERENCE PROCEEDINGS

Χαρίση, Α., Τύμπα, Ε., & **Καραβίδα, Β.** (2020). Εναλλακτικές εκπαιδευτικές προσεγγίσεις αξιοποίησης της τέχνης για την ενίσχυση του κριτικού στοχασμού από την πρώιμη παιδική ηλικία. Πρακτικά 3^{ου} Διεθνούς Βιοματικού Συνεδρίου Εφαρμοσμένης Διδακτικής «Νέες Προκλήσεις στην Εκπαίδευση», σσ. 399-405. ISBN: 978-618-5468-01-9. (in Greek)

Mantziou, S., Achnoula, G., Tallarou, A. M., & **Karavida, V.** (2013). The Structure and the Function of Characteristics of the Developmental Center of Infant Massage in TEI of Epirus. *Proceedings: 1st International Conference on Applied Innovation: Problems and Perspectives of Innovative Entrepreneurship in Greece within the International Environment*, pp. 269-278. ISBN 978-960-86583-8-7, ISSN CD ROM 2241-6870, & ISSN ON LINE 2241-6862. (in Greek)

Zioga, E., Kotsis, T., & **Karavida, V.** (2013). Educational Settings and the application of psycho-motric activities. *Proceedings: 1st International Conference on Applied Innovation: Problems and Perspectives of Innovative Entrepreneurship in Greece within the International Environment*, pp. 262-268. ISBN 978-960-86583-8-7, ISSN CD ROM 2241-6870, & ISSN ON LINE 2241-6862. (in Greek)
